



Dear Parent/Carer

During this academic year we will be supporting Talk PANTS in St Patrick's Primary school. Through discussions and activities in class we will aim to teach our pupils important safety skills without giving explicit information or telling scary stories.

We will be teaching our pupils the NSPCC's, Talk PANTS rules using the 'PANTS' acrostic, which is like a green cross code message, designed to help children stay safe from sexual abuse.

PANTS stands for:

- . Privates are private
- . Always remember your body belongs to you
- . No means no
- . Talk about secrets that upset you
- . Speak up, someone can help

If you would like to know more about the NSPCC's PANTS campaign you can access a free parent webinar, available any time on demand via this link:

<https://bit.ly/pantsparentsession>

Further information and advice are also available online at www.nspcc.org.uk/pants

If you have any questions or concerns, please don't hesitate to get in touch with us.

Resources for parents can be found on our school website at <https://www.stpatrickspsbelfast.com/pants-campaign>

Yours Sincerely

Mrs Neeson